



## How to make an appointment

Please complete and return the slip to our Eastbourne office (or telephone with your request):

I am a carer and I would like to contact a Carer Support Worker to discuss (tick box):

- my caring role
- other Care for the Carers services that will help my caring role.

You will be contacted as soon as possible to discuss your details.

Name: .....

Address: .....

.....

Town/City: .....

Post Code: .....

Telephone: .....

(or contact us by telephone/email)



Supporting Carers in East Sussex



## How to contact us and find out more about our range of services for carers



Telephone: 01323 738390



Fax: 01323 745770



Email: [info@cftc.org.uk](mailto:info@cftc.org.uk)

Web: [www.cftc.org.uk](http://www.cftc.org.uk)



1st Floor Greencoat House  
32 St Leonards Road  
Eastbourne  
East Sussex  
BN21 3UT

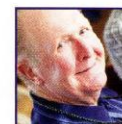


Funded by the National Lottery through Awards for All

### LOTTERY FUNDED

Care for the Carers is an independent charitable company.  
Registered office: Greencoat House, Eastbourne, BN21 3UT  
Registered Charity No: 1074906  
Registered Company: 3677361  
Member of the Princess Royal Trust for Carers Network  
Printed by Manor Creative  
Printed on 50% recycled paper.

# Are you a carer?



We can offer information, advice and support

Read our leaflet to find out more...



Supporting Carers in East Sussex

